MONTHLY THEMES

In the spirit of fun and inspiration, each month's activities and events are centered around different topics and themes in order to provide youth a well-balanced variety of experiences.

<u>September - World Explorers:</u> Youth will explore the many wonders this world has to offer with crafts, songs and games from other countries and cultural experiences from all over the world.

<u>October - Project Earth:</u> Youth will learn to reuse materials and enjoy activities that encourage respect for the environment in addition to learning easy ways to be pro-active in taking care of our planet.

November - Fun to Be Fit: Activities will promote physical fitness from head to toe through healthy play, exercise and nutritional eating habits.

<u>December - Land of the Lost:</u> Journey with us back in time where dinosaurs ruled the earth from the land, water and sky! Youth will get a chance to understand how the world has changed from the prehistoric world to the world we live in now.

<u>January - Journey through Air, Space & Beyond:</u> Youth will explore the world of science that surrounds us everyday. Imaginations will blast off with out of this world air & space science experiments and projects.

<u>February - Wild about Fins, Furs & Feathers:</u> Youth will discover the natural world and learn about our planet's magnificent animals and their habitats with an emphasis on our local eco-system and the animals found in our own backyard.

<u>March - Artrageous:</u> Outrageous fun and creativity packed into one month. Local artists and Leaders will work with youth to explore their artistic side using a variety of mediums. Painting, writing, mosaics, drawing and so much more!

<u>April - Under the Forest Canopy:</u> Youth will discover the environment in which they live with a focus on local forest ecosystems. Activities will include eco-hikes and wildlife habitat exploration.

<u>May - Walk of Fame!</u>: Every child is a star and every star deserves its place on the Walk of Fame. Youth will experience performing arts such as set design, improv, music, and dance. We will be rolling out the red carpet for an exciting Talent Show!

<u>June - Oceans of Fun in the Sun:</u> Youth will discover the wonders of the ocean and the creatures that call it home. Get ready to get wet & wild for an end of the year celebration!

CITY OF EUREKA

City of Eureka– Recreation Division The John Ryan Youth Center 1653 J St Eureka, Ca 95501





LEADERSHIP DEVELOPMENT PROGRAM TEENS Ages 13-17





TURNING EUREKA TEENS
INTO TOMORROW'S
THEADERSOR

WHAT IS A L.I.T.?

The Leader-In-Training program is held in conjunction with City of Eureka After School Programs. By becoming a L.I.T. you will not only be able to play and engage in the many fun activities that our participants do, you will also have the opportunity to learn the many skills and responsibilities of a Recreation Leader. This leadership based training program is a dynamic experience for participants 13-17 years old and provides hands-on experience that can immediately be applied to "real life" situations. This training program aims to foster personal and professional growth, teach life skills, encourage strong relationships and enable teens to enjoy meaningful experiences to enhance their college applications, career aspirations and lives!

WHAT WILL YOU GAIN?

- Leadership skills working with youth ages 5-12
- Valuable work experience/community service hours
- Training in the following skills: communication, conflict resolution, team building, program planning, behavior guidance, responsibility, teamwork, time management and overall leadership
- Enjoy an active & productive experience throughout your school year
- An opportunity to make a difference in your community and impact the lives of children

QUALIFICATIONS

- Must be 13 17 years old
- Must be mature, patient, enthusiastic and have a good sense of humor
- Must have a strong work ethic & be willing to learn
- Must have transportation to & from the program

IN HOW TO BECOME A L.I.T.

STEP 1 – Application Process

Applications are available online @ www.adornicenter.com or by mail. Simply call 441-4224. Submit a completed Application and a Reference Form either by dropping it off or mailing to: The John Ryan Youth Center—1653 J St. Eureka, CA 95501. All completed application packets are due at least two weeks prior to the session of your choice.

STEP 2 - Interview Process

Applications will be reviewed and eligible teens will be contacted for an interview. All L.I.T.s must go through an interview process similar to the interviews for our recreation staff. This not only helps us to choose the best and most qualified candidates, it also represents the first step in our "leadership" program by simulating what you may expect when applying for a future job.

STEP 3 – Selection Process

The interview process is highly competitive and not all applicants will be selected. The program is limited to 20 teens/session. Applicants are carefully chosen on the basis of their application, the content of their references and the results of the interview.

STEP 4 – Registration Process

Upon being selected teens are then eligible to register for the L.I.T. Program. Parents may begin registering Monday, **September 8th** at The Adorni Recreation Center(1011 Waterfront Dr.) Mon.-Fri. 8am-5pm.

Program Cost: No payment is necessary until you are accepted into the program. All fees must be paid in advance. \$45/session per participant. We will be offering three exciting sessions of the L.I.T. program.

Sessions:

Session 1: October 5th—December 18th

Session 2: January 4—March 19th Session 3: March 22nd—June 17th

INTRAINING

Training/Orientation: L.I.T.s will go through a Leadership Development Training and then work along side City of Eureka Recreation staff. Each session will include instruction, observation, training activities and will focus on developing the skills necessary to become a great leader.

Topics and skills are covered through hands-on opportunities, workshops, and team building exercises including: leadership, communication, conflict resolution, team building, program planning, behavior guidance, responsibility, teamwork, time management and problem solving.

Expectations: Although L.I.T.s pay a fee to attend the program, we are very selective about our candidates and expect them to comply with all program guidelines. All those invited to participate should understand the opportunity is a privilege and approach it with enthusiasm and a willingness to learn. All L.I.T.s must be excellent role models for youth, have a genuine desire to work with children, and maintain a positive attitude.

L.I.T.s will have the opportunity to work on a team in responsible roles leading kids' youth activities such as crafts, games, music, drama, sports and dance in a fun-filled environment. After School Program favorites include: Youth vs. Leader Challenges, Scavenger Hunts, Special Events and so much more!



After School Locations:

Participants will have the flexibility to work at several different locations including: The John Ryan Youth Center & Eureka City Schools.

Schedules: L.I.T. schedules are open to flexibility. Hours may be scheduled Mon.-Fri., anytime between 3:00-5:30 p.m.